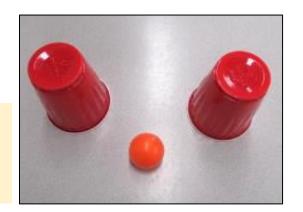


## **GROSS MOTOR ACTIVITY**

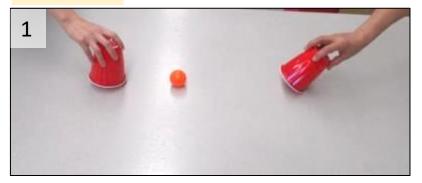
## **Table Tennis**

## ☐ What you need:

- Plastic cups
- Ping-pong ball

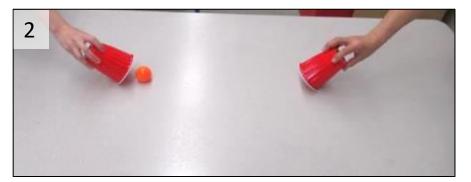


## ☐ Steps:



1. Place a ball under the open part of the cup, and roll it across a flat surface to the other cup.





- 2. Prepare to catch the ball by having the opening of the cup face the rolling ball.
- 3. Place the opening of the cup flat on the surface, covering the ball so that it stays underneath it. Take turns exchanging the ball with your child.