

Sensory Boards

❑ What you need:

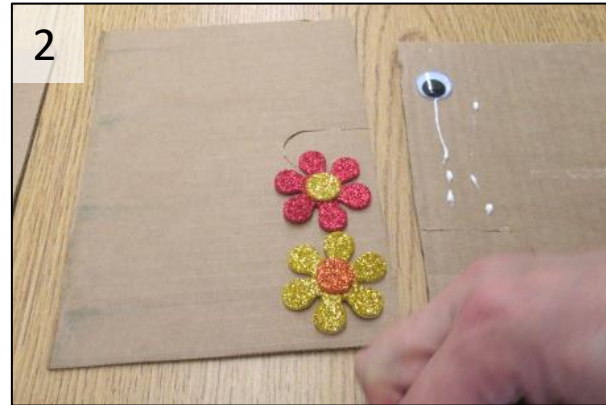
- White Glue
- Cardboard Sheets
- Various sensory materials (feathers, pom-poms, buttons, googly eyes)



❑ Steps:



1. Apply glue on the sheets of cardboard.



2. With your child, place each type of material on each piece of cardboard.



3. Apply more glue as needed to attach the material to the board.



4, 5, 6, 7. Place materials of different textures on each sheet of cardboard with your child. Feel each of the items on the board and talk about them. Is it soft or hard? Smooth or rough?

