

GROSS MOTOR ACTIVITY

Scarf Movement

What you need:

- Light scarves of various colours
- Open area to move around



Guidelines



- Provide your child with some light scarves, and with your child, try waving the scarves in the air.
- Make some figure 8s, wave them in a circle, or up and down, and side to side.
- Throw them up in the air!
- Move around and watch how the scarves flutter around.



- Try throwing more than one scarf at a time, and then catching them!
- Place the scarf on your child's head and wrap it over their shoulder.
- Talk with your child about how the scarf feels against the skin, too.
- Encourage them to rub it between their hands and fingers, and against their face.
- Place the scarf on the floor and listen to the sound it makes as it drags along.