

SENSORY ACTIVITY

Musical Sensory Bottles

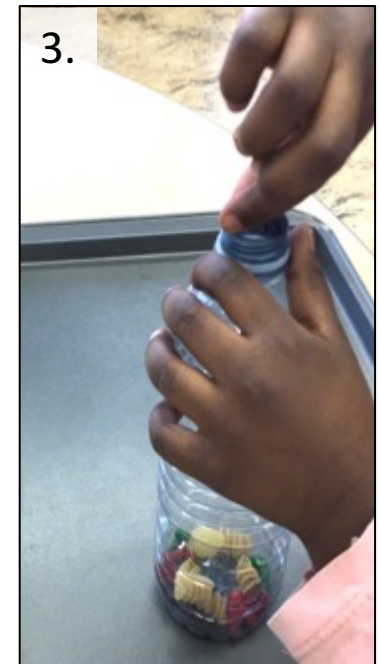
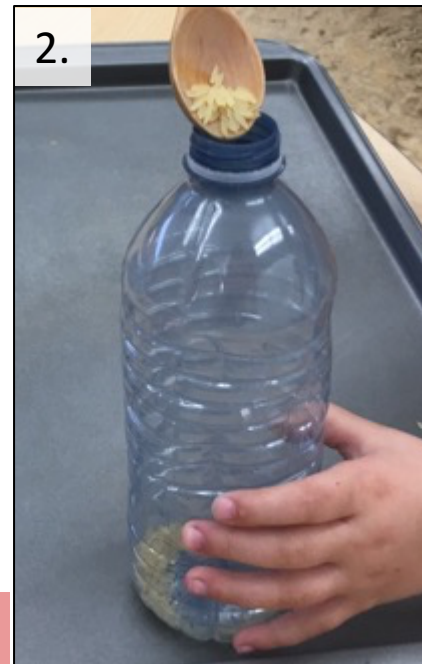
Steps:



1,2,3. Fill up your water bottle with the various materials you've prepared (ex. rice, pasta, corn, beans).

CAUTION: The small objects can be a choking hazard. Please supervise your children.

- ❑ **What you need :**
 - Empty water bottles
 - Tape
 - Various materials for filling (rice, pasta, corn and bean on picture)





4.



4. Close the lid tightly and seal it with tape.

5.



5. Enjoy playing with the musical sensory bottles.



Photos From: <https://theimaginationtree.com/baby-sensory-play-discovery-bottles>

For more home activity ideas, resources and information about our free programs, visit bflgrowscommunity.org
We are grateful to our partners at MOSAIC and Burnaby School District LINC for their support of these resources for families.