

Lava lamp experiment

Supplies needed:

- Olive oil or vegetable oil
- Water
- Clear glass
- Measuring cup (½ cup)
- Food colouring
- Polident tablets or alka seltzer tablets (the tablets need to be monitored by an adult and do not put the tablets in the mouth)



Instructions:

- Pour ½ cup of water into the clear glass
- Add olive oil or vegetable oil leaving some room at the top to make sure the mixture does not bubble over
- Add three drops of food colouring to the water inside the clear glass
- Add a tablet or two of polident or alka seltzer tablets
- The polident tablets or alka seltzer tablets need to be monitored by an adult and do not put the tablets in the mouth
- Watch the bubbles float on top

