

## **FAMILY LIFE EDUCATION**

Family Life Education Services provide a variety of education and support programs for individuals and parents to create healthy and supportive environments for themselves and their families.

For more information please call us at 604-659-2200 or visit https://www.burnabyfamilylife.org/ or email us at bfl\_info@burnabyfamilylife.org

Free child care available for children 18 months to 10 years with pre-registration. Snacks and bus tickets are also available.



Day	Program Name	Program Dates	Time	Location
Mondays	Nobody's Perfect (Korean)	Starts Jan. 15 8 sessions	9:30 to 11:30AM	6140 McKercher Ave.
	Parenting for Immigrants	Starts Jan, 15 8 sessions	12:30 to 2:30pm	4567 Imperial St, Maywood Community School
Tuesdays	Navigating the Tweens Years	Starts Jan. 16 8 sessions	12:30 to 2:30pm	6140 McKercher Ave.
	Fatherhood, a Journey	Starts Jan. 16 8 sessions	6:00 to 8:00pm	Online
Wednesdays	Calm & Confident Parenting	Starts Jan.10 8 sessions	12:30 to 2:30pm	6140 McKercher Ave.
	Curious Minds	Starts Mar.6 4 sessions	12:30 to 2:30pm	6140 McKercher Ave.
	Modern and Effective Parenting	Starts Jan.17 7 sessions	6:00 to 8:00pm	6140 McKercher Ave.
Thursdays	Parenting for Immigrants	Starts Jan. 18 8 sessions	12:30 to 2:30pm	6140 McKercher Ave.
	Calm & Confident Parenting	Starts Jan.18 8 sessions	12:30 to 2:30pm	2740 Beaverbrook Crescent, Stoney Creek School
	Understanding your Anger Fees \$65	Starts Jan. 18 8 sessions	6:00 to 8:00pm	6140 McKercher Ave.
Friday	Immigrant Women's Support Group	Starts Jan. 19 10 sessions	9:30 to 11:30AM	Pioneer Community Resource Centre 4535 Kingsway
	Nobody's Perfect	Starts Feb. 2 8 sessions	12:30 to 2:30pm	Edmonds Res. Centre, #205-7355 Canada Way
	Curious Minds	Starts Jan.12 4 sessions	12:30 to 2:30pm	Edmonds Res. Centre, #205-7355 Canada Way
Saturdays	STEP	Starts Jan. 20 7 sessions	2:00 to 4:00pm	6140 McKercher Ave.