

GROSS MOTOR ACTIVITY

DROP BALL GAME

By Eunice & Tamara

- ❑ What you need:
 - Cardboard Box
 - Scissors
 - Markers
 - Small Balls

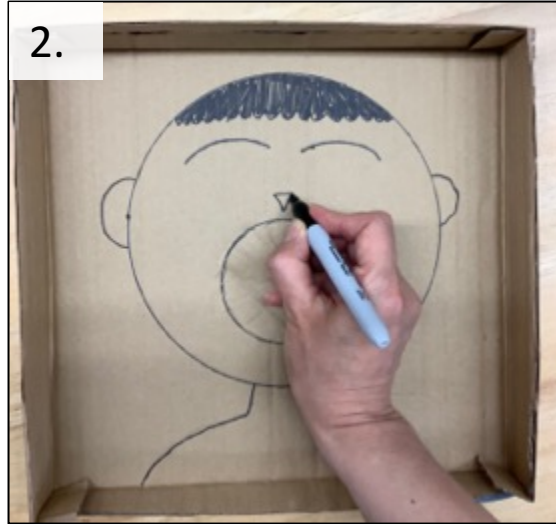


❑ Steps:

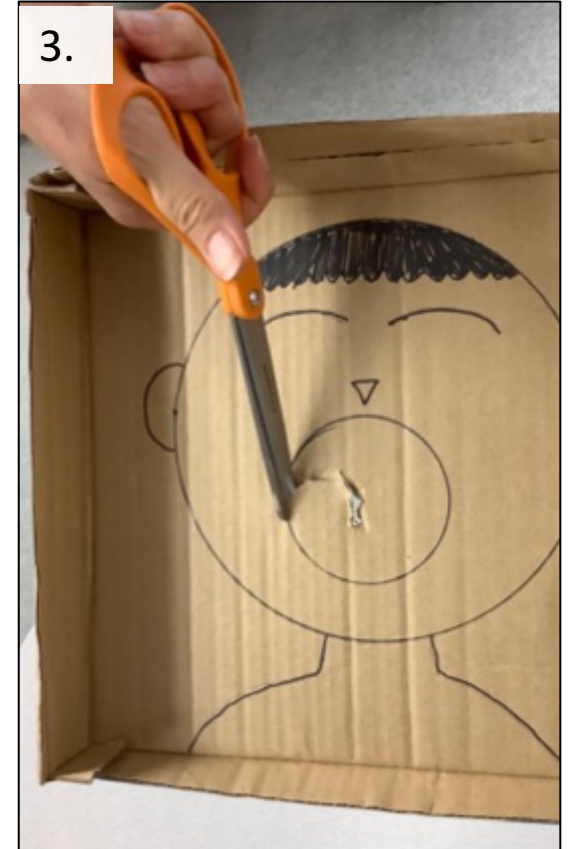
1.



2.

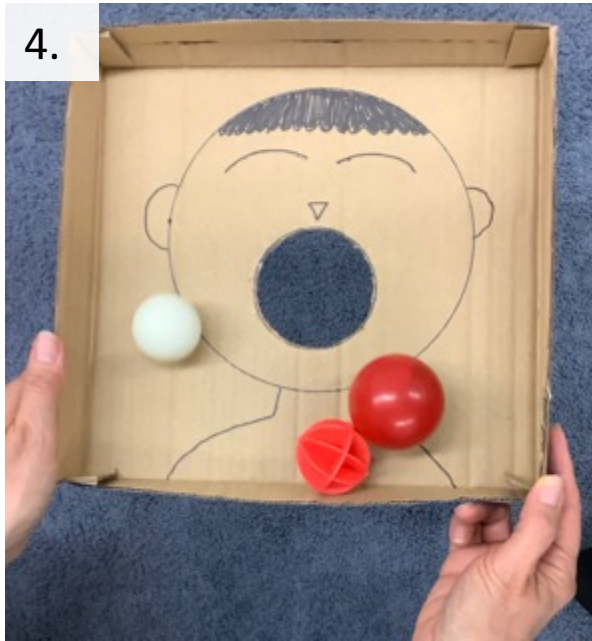


3.

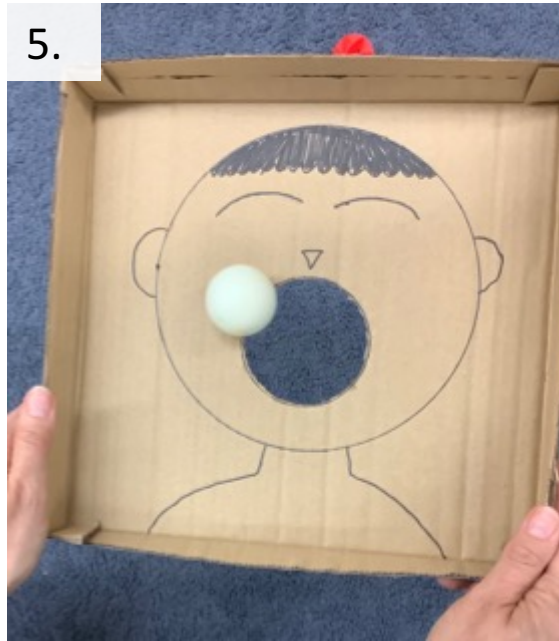


1. Cut out the bottom of a box, leaving the sides up.
2. Draw a face on the box with a black marker, making a round mouth that can fit the small balls.
3. Cut along the line to make a hole for the mouth.

4.



5.



4. Place the balls into the box, and hold it up with both hands.
5. Hold the box and move it a little bit to drop the ball through the mouth.

You can also try:



- Using a larger box to encourage more moving and to make a fun gross motor activity.
- Using different faces for the drop box activity. For example, a clown to fit in the nose through the hole.

